

Shyam-Vidya Ayurved P.G. Entrance Coaching Center, Bhopal (M.P.)

Test series Paper – 1 – Charaka Sutra Sthana

By- Dr. Neelima Singh Lodhi (M.D.) Mob. 09826438399, 09993961427

- (1) Which of the following is not included in Navadravyas –
 - (A) Panca Mahabhutas
 - (B) Atma, Manas
 - (C) Kala, Dik
 - (D) None of the above
- (2) Which one of the following drugs is most useful as sangrahaniya dipaniya and pacaniya –
 - (A) Pippalimula
 - (B) Satapuspa
 - (C) Erandamula
 - (D) Musta
- (3) According to Charaka the combination of Mahabhutas in Amla rasa are –
 - (A) Jala + Agni
 - (B) Prithvi + Agni
 - (C) Jala + Prithvi
 - (D) Vayu + Agni
- (4) What is Upastambha –
 - (A) Vata, Pitta, kapha
 - (B) Satva, Raja, Tama
 - (C) Ahar, Nidra, Brahmacharya
 - (D) None of the above
- (5) According to Charaka what is the drug of choice for Kasa, swasa and Hikka roga ?
 - (A) Ananta mula
 - (B) Puskara mula
 - (C) Dasa mula
 - (D) Aragwada mula
- (6) “Yatha visam yatha sastram yatha angnirsaniryatha” is associated which one of the following ?
 - (A) Susruta
 - (B) Caraka
 - (C) Sarangdhar
 - (D) Vagbhatta
- (7) This is Known as “NITYAGA”
 - (A) Atma
 - (B) Ayu
 - (C) Manas
 - (D) Purusha
- (8) The time period of Agnivesha –
 - (A) 1500 B.C.
 - (B) 1000 B.C.
 - (C) 2350 B.C.
 - (D) 1750 B.C.
- (9) Charaka is the disciple of –
 - (A) Kanishka
 - (B) Atri
 - (C) Yajnyavalkya
 - (D) Vaisampayana

- (10) The total number of drug preparations mentioned in Charaka Samhita
- 1450
 - 1700
 - 1800
 - 1950
- (11) These are called Trisutra
- Sattwa, Atma, Sarira
 - Prana, Dana, Paraloka
 - Vata, Pitta, Kapha
 - Hetu, Linga, Aushadha
- (12) The number of Sleshmaja and Raktaja Krimis according to Charaka –
- 6 and 7
 - 7 and 6
 - 5 and 6
 - 5 and 7
- (13) Katuka and Lavanatwa are the characteristic features of
- Kshara
 - Mutra
 - Lavana
 - Sneha
- (14) The Common Lakshana in Vaidya and Paricharika
- Upacharajnata
 - Dakshyam
 - Anuragam
 - Drishtakarmata
- (15) In this Adhyaya Chatushka of Charaka Samhita, the description of Trayopastambha is
- Svastha Vritta
 - Nirdesa
 - Annapana
 - Kalpana
- (16) In which chapter of Charaka Samhita, is the description of Aturalaya?
- Sveda Vidhi
 - Sneha Vidhi
 - Upakalpaniya
 - Phalamatra Siddhi
- (17) The length of tongue-cleaner according to Charaka
- 10 Angula
 - 8 Angula
 - 12 Angula
 - 16 Angula
- (18) Purisha Veganirodha causes
- Sirassula
 - Pindikodveshtana
 - Adhmana
 - All these
- (19) Who had tol't "Vipaka Karmanishtha"
- Charaka Samhita
 - Susruta Samhita
 - Ashtanga Sangraha
 - Ashtanga Hridaya
- (20) Number of Dasemani groups mentioned in Charaka Samhita
- 10
 - 37
 - 25
 - 50

- (21) According to Charaka Rasa predominant in RUKSHA guana
- (1) Kashaya
 - (2) Katu
 - (3) Tikta
 - (4) Amla
- (22) As per Charaka excessive use of which rasa leads to Shonita sanghatabheda -
- (1) Madhur
 - (2) Amla
 - (3) Katu
 - (4) Tikta
- (23) The Ritu in which va mana etc., can be performed
- (1) Sisira
 - (2) Varsha
 - (3) Hemantha
 - (4) Vasantha
- (24) "Klesa Sahishnuta" is the result of
- (1) Vyayama
 - (2) Pranayama
 - (3) Dhanurasana
 - (4) Ahara
- (25) Vidbheda is the Nanatmaja Vyadhi of this dosha
- (1) Vataja
 - (2) Pittaja
 - (3) Kaphaja
 - (4) None of these
- (26) According to Charaka which one of the following is not Mulani Dravya -
- (1) Gavakshi
 - (2) Bimbi
 - (3) Aragvadha
 - (4) Ajagandha
- (27) Which is not madhayam margaja roga
- (A) Kasa
 - (B) Swasa
 - (C) Arsha
 - (D) All
- (28) Which is included in Devayapashraya chikitsa
- (A) Aushadha
 - (B) Upavasa
 - (C) Bhaya
 - (D) Both a & b
- (29) Treatment of rasapradoshaja vikara is
- (A) Langhana
 - (B) Vaman
 - (C) Amadosa chikitsa
 - (D) All
- (30) According to Carak types of udavarta is
- (A) 4
 - (B) 5
 - (C) 6
 - (D) 7

- (31) How many unavailable chapters of Charaka samhita were completed by Dridbala ?
(A) 12
(B) 24
(C) 30
(D) 41
- (32) Udarda is a Nanatmaja Roga of which of the following ?
(A) Vata
(B) Pitta
(C) kapha
(D) Rakta
- (33) Which chapter of Sutra Sthana of Charaka Samhita describes Dina-cahrya ?
(A) Matrashitiya
(B) Tashyashitiya
(C) Vegandhaarniya
(D) Indropkramaniya
- (34) Charaka mentions 'Chatushprakara Samshuddhi' in which of the following context ?
(A) Panchakarma
(B) Shodhna
(C) Langhana
(D) Dvi-vidha Upakram
- (35) Which of the following is NOT included in Niragni sveda by Charaka ?
(A) Aahava
(B) Atapa
(C) Maruta
(D) Kshudha
- (36) Charaka specifically indicated Khara Mutra in which disease ?
(A) Grahabadha
(B) Unmada
(C) Apasmara
(D) All the above
- (37) How many types of Gridhrasi have been mentioned by Charaka ?
(A) 2
(B) 3
(C) 4
(D) 5
- (38) What is the choice of treatment for Krisha patient ?
(A) Laghu Santarpana
(B) Guru Santarpana
(C) Laghu Apatarpana
(D) Guru Apatarpana
- (39) What is done to bring back Dosha from Shakha to Koshta ?
(A) Shodhana
(B) Kshapana
(C) Vridhya
(D) Shamana
- (40) What is Anupana for Vasaa according to Charaka ?
(A) Peya
(B) Yusha
(C) Ushna Jala
(D) Manda

- (41) Which of the following does Sansakarasya Anuvartanam ?
(A) Ghrita
(B) Taila
(C) Vasa
(D) Majja
- (42) In case of Amashaya Gata Vata, which of the following sveda is indicated ?
(A) Ruksha
(B) Ruksha Purva Snigdha
(C) Snigdha
(D) Snigdha Purva Ruksha
- (43) Ruksha Sankara Sveda Described by Charaka is included in which of the following type of Sveda mentioned by Sushruta ?
(A) Tapa
(B) Ushma
(C) Drava
(D) Upanaha
- (44) How many Gunas of Parikshaka been described by Charaka ?
(A) 3
(B) 5
(C) 7
(D) 9
- (45) Which of the following is promote Laghutva ?
(A) Agni & Prithvi predominat dravya
(B) Vayu & Apya predominat dravya
(C) Vayu & Akasa predominat dravya
(D) All the above
- (46) The name given to shadpadarthas in ayurveda
(A) Padartha
(B) Kaarana
(C) Karya
(D) Pramana
- (47) According to Charaka milk of the following is Shakhagata Vatahara -
(A) Ewe
(B) Goat
(C) Mare
(D) Cow
- (48) According to Charaka Shodhana and Shamana are the bhedas of
(A) Rookshana
(B) Lekhana
(C) Langhana
(D) Brimhana
- (49) According to Charaka Ghrita is indicated in
(A) Pravrit ritu
(B) Sharad ritu
(C) Vasantha rutu
(D) Shishira ritu
- (50) According to Charaka we should protect after Raktamokshana -
(A) Agni
(B) Vayu
(C) Rasa
(D) Dhatu

- (51) According to Charaka one among the following is NOT a stanyashodhana Dasemani
- (A) Patha
 - (B) Shunti
 - (C) Ikshu
 - (D) Musta
- (52) “Hrid Vyatha” is the symptom found in -
- (A) Shukra vega nigraha
 - (B) Shukra vega and Purish vega nigraha
 - (C) Shukra vega and Pipasa vega nigraha
 - (D) Kshudha vega and Pipasa vega nigraha
- (53) Manda Vibhransa is the name of
- (A) Madhyam Matra of Sneha
 - (B) Ati Matra of Sneha
 - (C) Alpa Matra of Sneha
 - (D) Uttama Matra of Sneha
- (54) According to Charaka how many types of Twagasava
- (A) 4
 - (B) 11
 - (C) 10
 - (D) 26
- (55) In the “Symposium of Rasa Sankhya” the Vidheha Raj Nimi said that Rasa to be
- (A) 5
 - (B) 6
 - (C) 7
 - (D) 8
- (56) “Bhoothdatri” Sleep (Nidra) is said to be -
- (A) Manah Sharir Shram Sambhava
 - (B) Ratri Svabhava Prabhava
 - (C) Sleshma Samudabhava
 - (D) Tamobhava
- (57) “Parushya” is the Vikara of -
- (A) Vataja
 - (B) Pittaj
 - (C) Kaphaja
 - (D) Raktaj
- (58) According to Charaka The caudes of Specific Knowledge of Rasa is
- (A) Akasha + Vayu + Agni
 - (B) Prithvi + Jal + Agni
 - (C) Jal + Vayu + Prithvi
 - (D) Akasha + Jal + Prithvi
- (59) According to Charaka , this Dravya is beneficial for Kasa, Hichaki, Shwasa and Arsha
- (A) Kulathi
 - (B) Kakandole
 - (C) Shyamaka
 - (D) Urada
- (60) Charaka has commenced his phalvarga from –
- (A) Kharjura
 - (B) Mridvika
 - (C) Phalgu
 - (D) Aamratak

- (61) Which one is not mentioned in Mutravirechniya -Mahakashaya
- (A) Darbha
 - (B) Kusha
 - (C) Kasha
 - (D) Shara
- (62) Person has originated from aggregation of six dhatus is the view of -
- (A) Hiranyaksha
 - (B) Bhadrakapya
 - (C) Kankayana
 - (D) Bhikshuratreya
- (63) In Panchdasha Mahakashaya of Charaka numbers of Sthapana mahakashayas are –
- (A) 3
 - (B) 5
 - (C) 7
 - (D) 8
- (64) Vitiated Kapha, firmly located within the throat causes swelling quickly, it produces
- (A) Gulma
 - (B) Galaganda
 - (C) Galagraha
 - (D) Galashundika
- (65) It's colour is similar to ghrita, taste like honey and smell of fried paddy
- (A) Mada Dhatu
 - (B) Rakta Dhatu
 - (C) Rasa Dhatu
 - (D) Oja
- (66) How many Sambhasha Parishada are quoted in Charaka Samhita ?
- (A) 5
 - (B) 6
 - (C) 7
 - (D) 8
- (67) Nurishment of chronic emaciated patient as per Charaka is
- (A) Sadyah Tarpana
 - (B) Sadyah Brimhana
 - (C) Santarpanabhyasa
 - (D) Sattvavajaya
- (68) Person with which type of Koshtha will have “Alpakapha Mandamaruta Grahani” ?
- (A) Mridu Koshtha
 - (B) Madhya Koshtha
 - (C) Krura Koshtha
 - (D) Baddha Koshtha
- (69) According to Charaka, Which Indriya is remain present in all Indriyas ?
- (A) Chakshurendriya
 - (B) Sparshnendriya
 - (C) Shravanendriya
 - (D) Buddheendriya
- (70) Ashraya Sthana is the synonym of which section of Charaka Samhita ?
- (A) Sutra Sthana
 - (B) Vimana Sthana
 - (C) Sharira Sthana
 - (D) Chikitsa Sthana

- (71) Fill in the blank in above under lined sutra with appropriate option.
- (A) Oksatmayam
 - (B) Sadapathyam
 - (C) Naivsatmayam
 - (D) Asatmayam
- (72) Number of qualities in examiner according to Charaka is -
- (A) 6
 - (B) 8
 - (C) 9
 - (D) 10
- (73) How many times snehika Dhumpana is indicated as per Charaka ? -
- (A) 1
 - (B) 2
 - (C) 3
 - (D) 4
- (74) Guru, Snigdha and Ushna gunas are present in -
- (A) Katu rasa
 - (B) Tikta rasa
 - (C) Lavana rasa
 - (D) Amla rasa
- (75) Which combination is appropriate in relation to niragni sweda
- (A) Bhuka -Pyas
 - (B) Krodha -shoka
 - (C) Vyayam -Yuddha
 - (D) Tap - Atap
- (76) In Which Ritu "Hansodaka Jala" is get produced ?
- (A) Varsha
 - (B) Sharada
 - (C) Hemanta
 - (D) Shishira
- (77) Which of the following is called Chetana Dravya ?
- (A) Atmayukta
 - (B) Manoyukta
 - (C) Buddiyukta
 - (D) IndriyaYukta
- (78) How many types of the yavagu are described in Charaka Samhita Sutra Sthana Adhyaya ?
- (A) 32
 - (B) 19
 - (C) 25
 - (D) 28
- (79) How many types of Prichchavidhi for the examination of bhishak are mentioned by Charaka ?
- (A) 6
 - (B) 8
 - (C) 10
 - (D) 12
- (80) In which state of symptoms "Sandhi Sphutan" is found ?
- (A) Vata kshaya
 - (B) Rasa kshaya
 - (C) Meda kshaya
 - (D) Asthi kshaya

- (81) Number of Prameha pidika, According to Hareetha are
(A) 7
(B) 8
(C) 9
(D) 10
- (82) “Charaka Chandrika” commentary is written by
(A) Chandrata
(B) Nagarjuna
(C) Gayadasa
(D) Jejjata
- (83) By the Pradosha of which Dhatu the Murchha is produced ?
(A) Rasa Pradosha
(B) Rakta Pradosha
(C) Majja Pradosha
(D) Sukra Pradosha
- (84) Which one is the superior one among the Pranavardhanas ?
(A) Ahinsa
(B) Vidya
(C) Buddhi
(D) Bramhacharya
- (85) How many Sanskrit commentaries are there on Charaka Samhita ?
(A) 17
(B) 19
(C) 41
(D) 43
- (86) How many Agrya aspects are described in Charaka Samhita ?
(A) 155
(B) 152
(C) 255
(D) 500
- (87) The period of Dridabala is ?
(A) 4 AD
(B) 5 AD
(C) 8 AD
(D) 2 AD
- (88) According to Caraka how many Ahara varga are there ?
(A) 6
(B) 7
(C) 12
(D) 13
- (89) Which chapters are included in Aushadha Chatushka of Charaka Samhita ?
(A) Ch. Su. 1-4
(B) Ch. Su. 5-8
(C) Ch. Su. 9-12
(D) Ch. Su. 16-20
- (90) According to Charaka, which of the following Ambha is causing Tridosha Prakopa ?
(A) Kupoambha
(B) Naddoambha
(C) Sagarambha
(D) Tadagambha

- (85) How many types of sutra are described in Charaka Samhita ?
(A) 3
(B) 4
(C) 5
(D) 7
- (92) Soothrasthana of Charaka Samhita is also Known as
(A) Sloka Sthana
(B) Yojana Sthana
(C) Bheshaja Sthana
(D) Samgraha Sthana
- (93) Which of the following is advised by Charaka for the treatment of Atinidra
(A) Raktamokshana
(B) Shirovirechana
(C) Kayavirechana
(D) All the above
- (94) Samanyaja rogas have been described in which chapter of Caraka Samhitha Soothrasthana
(A) 17th
(B) 18th
(C) 19th
(D) 20th
- (95) Hanugraha, Hridnigraha and varchonigraha are symptoms of atiyoga of -
(A) Langhana
(B) Pachana
(C) Sthambhana
(D) Rukshana
- (96) Charaka has mentioned Arjuna in which mahakashaya -
(A) Hridya
(B) Udarda Prashmana
(C) Mutra Sangrahniya
(D) ShoolaPrashmana
- (97) Charaka has not mentioned which of the following Mahakashaya -
(A) Deepaniya
(B) Pachaniya
(C) Kanthya
(D) Sangyasthapaka
- (98) What should be the length of Jentak sweda Kuti
(A) 12 Aratni
(B) 16 Aratni
(C) 8 Hasta
(D) 12 Hasta
- (99) According to Charaka elimation of Kapha be done in the month of -
(A) Chaitra
(B) Shravana
(C) Agahana
(D) Pausha
- (100) Charaka has indicated Vrihat panchamula with honey in which of the following disease -
(A) Pratishayaya
(B) Shukrashmari
(C) Atisthaulya
(D) Pittashmari

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1. D	21. A	41. A	61. D	81. A	
2. D	22. C	42. B	62. A	82. C	
3. B	23. D	43. B	63. B	83. C	
4. C	24. A	44. D	64. C	84. A	
5. B	25. A	45. C	65. D	85. A	
6. B	26. C	46. B	66. C	86. B	
7. B	27. D	47. C	67. C	87. A	
8. B	28. D	48. C	68. A	88. C	
9. D	29. A	49. B	69. B	89. A	
10. D	30. C	50. A	70. C	90. C	
11. D	31. D	51. C	71. A	91. B	
12. B	32. C	52. C	72. C	92. A	
13. B	33. A	53. A	73. A	93. D	
14. B	34. C	54. A	74. C	94. C	
15. B	35. C	55. C	75. A	95. C	
16. C	36. D	56. B	76. B	96. B	
17. A	37. A	57. A	77. D	97. B	
18. D	38. A	58. A	78. D	98. B	
19. A	39. C	59. A	79. B	99. A	
20. D	40. D	60. B	80. C	100. C	